



EAST BERKS RAMBLERS Berkshire Area

Group website: www.eastberksramblers.org

Ramblers website: www.ramblers.org.uk

MEMBERS NEWSLETTER No. 146 - October 2025

We are preparing a **Walks Programme** for **November-December 2025**. Details of all the EBR walks can be found on the [Walks page of the EBR website](#). You can also download the Walks programme for printing.

New Members

A very warm welcome to our new Members:

Justin Fahy Paul Lambert Tricia Brooks Ell Hunt Caroline McCaffrey
Nadira Brooks Ashleigh Doveton Swati Daryanani Penny Farthing
Jeff Maidment Louise Lester and David Whittington Jill Dearden
Michael Smith Perveen Appleby Deborah and Mark Earl
Hema Bedre Katarina Hotson Denise Strom Clive Dolby

You have joined a very friendly and sociable Group and we look forward to welcoming you on our walks. We hope you will enjoy your membership on walks, at our social events, and by volunteering. But even if you play a more passive role thank you for giving your support to the Ramblers, the national Association for walkers and for the protection of our rights of way heritage.

For membership enquiries contact **Malcolm Stone**
Email: membership@eastberksramblers.org

The position of Chair remains vacant so we are again missing our regular **Chairman's Chat** in this issue!

Notes from the Walks Coordinator *Linda Francis*

First of all a big thank you to everyone who leads walks for our group!

We're excited to continue offering a wide range of walks — and we can do that best when more of us take a turn leading.

You don't have to make up the walks yourself - although this is something that some leaders enjoy doing - there are books and apps which you can use. Beware of using older books and maps, pubs change their names, car parks disappear and country paths turn into housing estates! I and other leaders are happy to assist in finding walks and you can buddy up with someone else to co-lead walks if you don't want to do it on your own.



Ramblers Head Office has introduced training, which is compulsory for new leaders. It can be done online via your Ramblers account, or we will be running in person training on **20th November at 1.30 pm at Highview, 6 North Road, Maidenhead SL6 1PL**. Training will also be required for leaders who have led fewer than 12 walks in the last three years. Many people have remarked that the training is common sense and if you are an experienced walker you will already be aware of the points in it. Both of these statements are true, but it does no harm to remind ourselves how to make our walks as enjoyable and safe as possible. We will endeavour to make the in person training sessions fun and sociable, and everyone who attends will 'pass'.

WE NEED MORE PEOPLE to come forward and lead walks - otherwise our lovely full walks programme will become a thing of the past. If you are interested in becoming a leader, please speak to me or any of the committee, or email me on lindaramblers@gmail.com

Lastly, please check walks online before leaving home - unfortunately sometimes walks have to be cancelled due to bad weather or leader's sickness.

Happy walking!

Temple Bridge Update *Graham Sexton*

As Footpath Secretary, the question I am asked most frequently is "What is happening with Temple Bridge?". This footbridge over the Thames near Hurley has been closed since May 2023 for safety reasons. Unfortunately, the Environment Agency (EA), who are responsible for the bridge, are not good at communicating officially with interested parties. However, we do receive snippets of information from various sources including the Local Access Forum, local councillors and the local press. Also, within the last few weeks, we've seen the first concrete action which was the removal of the middle section of the bridge.

It won't come as a surprise to learn that the big stumbling block to further progress is money. The EA have a long list of capital projects awaiting funding, some affecting other infrastructure for walkers and others of more concern to boaters. The rumour is that a complete replacement of the bridge will cost something between £2m and £2.5m; this

figure has been bandied around for a year or so without being challenged so is probably in the right ballpark. More recently, an article in the Bucks Free Press suggested that the EA had been presented with an alternative repair option at around £700K, but this would only have a 10-year life (as opposed to 30 years for a replacement).

So, in summary, the wheels are turning, but very slowly. Pressure is mounting on the EA to do something; the situation (along with other problems with the Thames Path) was mentioned in a parliamentary debate. But I suspect it will still be some time before we are able to cross the Thames again at Temple.

Booking a trip with Ramble Worldwide?

EBR are affiliated to the **Walking Partnership**. If you book a holiday with Ramble Worldwide please remember to nominate **East Berkshire Ramblers** when you do your booking to ensure we receive funds. For UK holidays - £10.00 per person, European/short haul it is £20.00 per person and Worldwide it is £30.00 per person.

Please note the nomination must be done before the holiday and cannot be done retrospectively. For details please go to www.thewalkingpartnership.org.uk.

For the last fiscal year the group earned £230 from Ramble Worldwide through this scheme.

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The South Downs Way Coach Walks 2025 / 2026

Exton to Chanctonbury Hill (Legs 2 to 6)

Peter Koklitis



The arrival of autumn marked the completion of this year's East Berks Ramblers coach walks: The **South DownsWay** (SDW) National Trail, 100-miles which follows the chalk hills from Winchester to Eastbourne. Since the first leg in April which started in Winchester, a further five sections of the SDW have been completed. EBR walk leaders were Peter K, Lesley W, Dawn D and Julie M, we walked over 60 miles in total including leg 6 on 1st October. This SDW series has been well attended engaging over 40 members, including Amersham and Wycombe Walkers.



The many panoramic views were outstanding, coupled with generally glorious weather. We enjoyed plenty of sunshine bar on one occasion (Littleton farm to Springhead farm, leg 5). The group here encountered some early horizontal rain and then later strong gusts. Essentially a wash and blow dry, though despite all that the walkers reported it as an exhilarating experience. In addition to the scenery and the weather, we also enjoyed walking along chalky ridgelines and ancient paths. All these SDW sections rich in history, nature, and charm.

The second leg started in the village of Exton, Meon Valley. Further on Old Winchester Hill, featured the remains of an Iron Age fort with sweeping views, perfect for our lunch break. Further along the trail Beacon Hill offered panoramic views. In contrast, a later wooded climb was enjoyed up Bignor Hill. This section steeped in history, included the Roman Stane Street, and a Bronze Age barrow. A later final climb on Leg 6 led us up Chanctonbury Hill, which is crowned by beech trees planted in 1760. The hilltop there offered sweeping views of the Weald and the English Channel. Chanctonbury Hill is also the site of an Iron Age hill fort and a Roman temple. Contrary to local folklore, we are happy to report no sightings of the Devil offering soup, ghostly Roman soldiers nor any other paranormal phenomena.

It is perhaps noteworthy to mention to any prospective new members and friends joining us next year, that whilst the summary above focussed on climbs,



the terrain of chalk down, paths and open ridges are generally moderate. Fabulous rolling hills for sure, though nothing mountainous.

The monthly SDW coach walks will continue the first Wednesday each month (from April) through until July in 2026. Note that the June leg will move to the second week to accommodate the timing of the Sedbergh HF Holiday. The walks will be led by Peter K, Lesley W and Dawn D (all EBR members). This will complete all remaining sections of the SDW.

The seventh leg is to be organised for the **Wednesday 1st April 2026**, and the EBR's coach will depart from **The Shire Horse Pub, Bath Road, Littlewick Green at 9am**. The coach fare is **£25**, payable on the coach, preferably by card, otherwise by cheque (payable to EBR) or exact cash, please. Please bring food and drink for the day. Details will be posted on the Events Calendar of the EBR website. If you have any queries, please contact coachwalks@eastberksramblers.org.

Information on the whole of the South Downs Way can be found on their website www.southdowns.gov.uk/. The Long Distance Walkers Association also have detailed information about the South Downs Way on their website ldwa.org.uk.

EBR Endowment Fund *Liz Richardson, Group Secretary*

As members may recall, last year we entered into a collaboration with Ramblers' Head Office to use the monies held in our Endowment Fund in support of projects for which applications had been received through the Ramblers' own Path Accessibility Fund. Over the last year, we have funded four projects, all of which have now been completed.

A new invitation was issued earlier this year for groups to submit applications for funds for the next round of projects. From the applications received, your Committee has selected five projects to support including one which is very local to us. Loddon Valley group submitted a proposal to improve and raise 300m of Sonning FP 1 along the Thames. Work has already commenced and completion is expected shortly. The other projects are all for gates to replace stiles at the following locations - Tunworth near Basingstoke, Old Clack Lane, Ruislip (a proposal from Hillingdon Ramblers, a group with which some of our members walk occasionally), Tincleton in Dorset and Selborne, Hampshire.

We hope that there will be progress on these projects to report at the AGM in November.

EBR AGM – change of day and time Saturday, 15th November 2025

Following members' comments made at the AGM last year, your Committee has decided to change the day, timing and venue for this year's AGM. Please note that the AGM will be held on **Saturday, 15th November 2025 at 2.30pm at the Knowl Hill Village Hall, The Terrace, Knowl Hill, Reading RG10 9XBA**. The meeting will last for approximately one hour and will be followed by light refreshments.

In addition to reports from the Chair, Footpath Secretary and the Treasurer, there will be the election/ re-election of Officers of the Group. Formal notice of the meeting has already been sent by email and can be found on the EBR website [here](#). An email broadcast will be sent nearer the time to include a formal Agenda for the meeting.

Berkshire Area AGM Saturday, 29th November 2025

This year's AGM will be hosted by the Berkshire Walkers and [Berkshire Weekend Walkers](#). It will be held at [Pangbourne Village Hall](#) on **Saturday 29th November 2025**

The annual get together of all Ramblers groups in Berkshire, please do come along and meet new people from different Ramblers Groups and learn about how the area coordinates group activities and supports walking in the county.

10:00 Long Walk departing from Village Hall
10:30 Short Walk departing from Village Hall
12:30 Lunch in village hall
13:30 Talk on the future of agriculture and its impact on the landscape
14:15 Tea, Coffee and Cake followed by the AGM

Location: Travel Information 1) Please use public transport if possible, train station is only few mins walk away 2) Pay and Display car park is available in front of the village hall

Time: 10am

Grid Ref: SU633765

Postcode: RG8 7AN

Last years Area AGM hosted by [Windsor and District](#) was held at [Eton Wick Village Hall, Eton Wick Road, Windsor, SL4 6LT](#) on Saturday 23rd November 2024.

The notes from Last years meeting can be found here - [Berkshire Ramblers AGM 2024](#)

OBITUARY

Remembering Meg *Margaret Carlyle*

It was Meg who introduced John and me to challenge walks, initially The Chiltern Marathon and the Oxon 20/40. Subsequently we went to The Isle of Wight for the Walk the Wight Challenge. Meg running and walking this with Linda, a running friend, whilst we walked it.

During Lockdown Meg floated the idea of doing The Hebridean Way, a long distant walk from Barra in the south to The Butt of Lewis on the northerly point of Lewis. This we did in 2021. It was a varied walk. Often the route involved walking over areas of bog with deep fissures following a set of stakes, sometimes missing having been knocked over by sheep! Meg would set off at a pace, not always in the right direction, and on one occasion went up to her thigh in a bog, all mishaps taken in good spirits! The weather was varied but the final leg to The Butt of Lewis ended in pouring rain and howling gale!

Our second long-distance walk was The Cumbria Way. This hilly walk saw Meg powering up the hills whilst we followed at a more sedate pace! She was so fit and always full of energy and good spirits.

Her stroke was a shock to us all. However, she remained cheerful and positive throughout her illness.

She will be missed by all her EBR friends.



EBR Summer Break 1 – 5 June 2026

at [HF Thorns Hall](#), Sedbergh, in the Yorkshire Dales *Rosemary Davies*

I am pleased to report that this holiday is now full and there is a waiting list. However, there may be cancellations at any time and so if you wish to join the party please do let me know and I will add your name to the waiting list. More information is available on the EBR website.

If you have any queries contact me at sedbergh@eastberksramblers.org or on 07777 641908.

HF holiday Monday 1st to Friday 5th September *John Harden*

A group of EBR members stayed at Peveril of the Peak near Thorpe in the southern Peak District.

We arrived at 4pm on the Monday and were greeted with a cream tea. Before dinner were told about the next day's walks.

Tuesday was sunny all day. We took a coach to Crich and walked to the Sherwood Foresters Memorial tower for the fallen men of the Nottingham and Derbyshire Regiments during the First World War. We then walked to the end of the Tram Way.



From there we walked to Halloway where we joined the Cromford Canal and we passed the Aqueduct Cottage and the Leawood Pumping station before arriving in Cromford.

Cromford is where the beginning of England's Industrial Revolution started.

Richard Arkwright was the first person to set up the Spinning Jenny which turned the cotton or wool fibres into threads. The threads were woven into cloth using waterpower. The factory was five stories high. In the evening we had a talk about the Peak District.

Wednesday was sunny in the morning and thunder and lightning in the afternoon. We set off from the hotel until we reached the Stepping Stones on the Dovedale River. We followed the river to Milldale where we had a picnic lunch. I spotted a toad about 10mm in size by the gent's toilets.



As soon as we left Milldale about 1:30pm the heavens opened and we had thunder and lightning. It took us about 2 hours to reach the hotel, arriving feeling thoroughly damp and miserable. When we reached the hotel, we were informed that the lightning had put one of the boilers out of action.

In the evening we had the HF Quiz. I was badly let down by my fellow quiz mates.

Thursday was wet and miserable all day. We started at 10 am made a soggy circular walk from the hotel following the Dovedale river to Mapleton. We returned cross country about

1pm soaked. After the meal I gave the three guides M&S and John Lewis vouchers. To attract everybody's attention I tapped too hard on the glass and broke it.

In the evening it was bar duties.

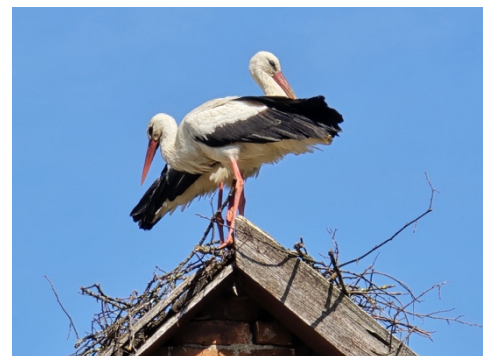
On Friday the journey home was gloriously sunny.

Walks of the Baltics and Finland *Malcolm Stone*

In total, there were sixteen of us plus the Guide, Arturs, who was Latvian. A couple were from New Zealand, and there were two solo travellers from the US. The holiday involved long Coach Journeys, City Tours and walks in National Parks. I coped remarkably well with the journeys, with my bad back. On some coach journeys, Arturs would describe what life was like in Latvia, when he was growing up, when the Baltic States were under Russian control. Learning Russian was compulsory, and the local languages were not allowed to be taught.

Arriving in Vilnius, Lithuania, via Helsinki, to start the tour, we had an evening meal to get to know one another and have the first chance to try the local cuisine. One dish was Cold Beet Soup with Kefir mixed in, which gives it a creamy taste. I tried it when we were in Latvia.

The next day we had a City Tour. The Old Town is a UNESCO World Heritage Site. After lunch, we travelled to Kernave, a city with many Hill Forts and a view of the winding Neris River. In the Neris Regional Park, we had a walk. Finally, we drove to Trakai, where we saw a Castle on an island, in Lake Galve. When walking through some towns, a common sight was Storks nesting on Rooftops.



The next day we had a 300Km journey to Zemaitijos National Park for a walk, where we visited Plokstine a one-time Soviet missile base, now a Cold War Museum. We descended into underground bunkers for a guided tour of the various rooms and the silo from which missiles would have been launched. Afterwards we continued onwards to the port city of Liepaja for an overnight stay.

The following morning, we crossed the border into Latvia, travelling to Kuldiga, said to be the prettiest town in the country. We saw the Venta Rapid, a wide cascade of water. In Spring and Autumn, you can watch flying fish trying to jump over the Rapid.

Next, we travelled to a vineyard for wine tasting, for example, Rhubarb wine. In the early evening, we had a walking tour of the capital Riga. An astonishing statistic is that the population of Riga is fifty per cent Russian. Afterwards, with three members of our Group, I had a Rooftop Restaurant meal at our hotel.

The next day, we visited Gauja National Park, where we viewed sandstone cliffs.

Our next destination was Estonia which involved a five-hour drive and a ferry to get to the island of Saaremaa, the largest of more than 2200 islands in the country. We stayed in Kuressaare, the capital of the island. The next day we visited the second largest island in Estonia, Hiiumaa, which is a UNESCO Biosphere Reserve which is devoid of noise or light pollution. We walked

along a thin narrowing headland and afterwards visited two lighthouses, one of which was one of the oldest functioning lighthouses in the world.

The following day we headed for Tallinn, the capital, after a tour of Saaremaa, and a visit to the Kaali Crater, formed by a meteorite, just 7500 years ago. In Tallinn, we had a walking tour ending up at the top of a hill where there was the magnificent Russian Orthodox Alexander Nevsky Cathedral, with the traditional Onion Domes. Nevsky was a 13C Russian Prince.

During some free time, I visited the renowned Fotografiska Photography Museum and viewed two interesting exhibitions, the third one was not my cup of tea.

We set off for our final destination Helsinki, the next day, crossing the Baltic Sea by ferry. We visited the Sipoonkorpi National Park,

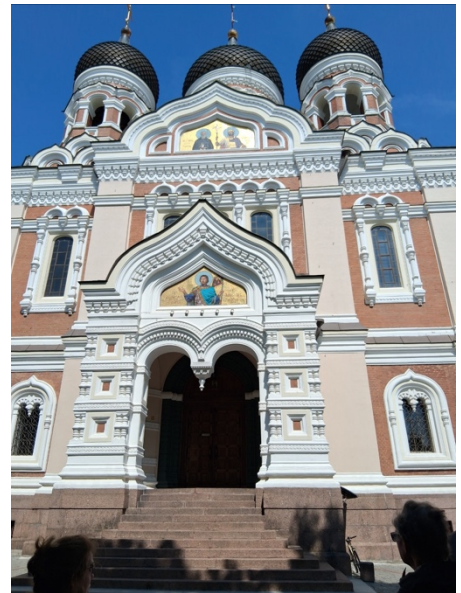
where we walked the Fisktrask trail around a large lake. Afterwards, we visited Porvoo the second oldest town in Finland. After a City tour in the morning, some of the group including myself, visited the Suomenlinna Fortress a UNESCO World Heritage site, which we visited by ferry. It was lucky that we could visit the fortress, as it was a three-day Bank holiday in Finland for the Summer Solstice, when there is hardly any nighttime. A feature of Helsinki was the tram network.

After breakfast the following morning, we set off on the homeward journey after visiting four countries in twelve days, a thoroughly enjoyable holiday, made better by our Group of 16 all getting on well with each other.

Pre-Christmas walks and Lunch

The annual pre-Christmas walk and lunch will take place on **Wednesday 17th December** starting at the **Dashwood Arms, Piddington**. There will be two walks, the longer one led by Keith D and the shorter by Barbara S.

Details of the menu and booking arrangements will be posted on the website and announced on walks nearer the time.



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Walking the Camiño dos Faros along the Coast of Death

Liz Richardson

Last year a friend and I completed the Camino de Santiago (Northern route) having done this in bite-sized chunks over five separate visits. We so enjoyed our walk that we felt we needed to find another challenge for this year. The Camiño dos Faros (the Lighthouse Way) is a relatively new trail which runs along the West coast of Galicia from Malpica to Finisterre.



This section of coastline is called the Costa da Morte, the coast of death, so-called because of the many shipwrecks there have been in the treacherous waters off that coast. As a result, the coast now has a string of lighthouses, none of which were open for visitors, alas. The most recent one was established in 1998.

Between 1875 and 1940 alone there were 49 shipwrecks. There is an English cemetery along the route which commemorates three vessels which foundered on the rocks in 1883, 1890 and 1893. The HMS Serpent sank in 1890 with the loss of 173 lives; there were only three survivors. The ship had just 25 lifejackets on board.

More recently, in November 2002, you may recall the environmental disaster caused when the MV Prestige oil tanker broke in two along the Galician coast, spilling an estimated 60,000 tonnes of heavy fuel oil, which polluted 1,429 miles of coastline. That spill is the largest environmental disaster in both Spain and Portugal. An impressive monument (the largest in Spain) called "A Ferida" (the wound) was donated by its sculptor as a tribute to the tireless efforts of volunteers who came to help clear the beaches. This stands on the coast alongside the Santuario Nosa Señora da Barca and the lighthouse of Muxia.



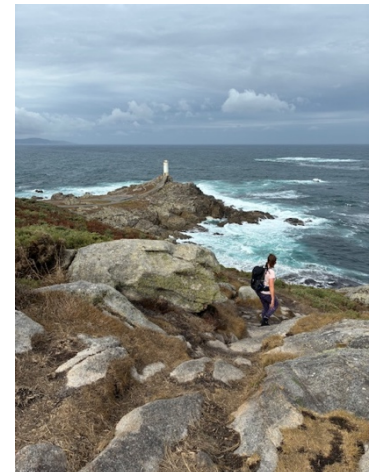
Over nine days, we walked along this trail enjoying the spectacular views; all very dramatic and not a problem in good weather (which we had most of the time). In bad weather, some of this walk would be very dangerous because of the narrow paths and the long drops down to the rocks and crashing waves below. In fact, the guidebook offers alternative routes at several points where either the path has eroded or for when the weather is too bad to risk walking along the cliff edges.

The walk starts in Malpica and for a while overlaps with a shorter walk called the St Adrian's Way. St Adrian arrived in the 5th century to bring Christianity to the area and end the pagan cults which were symbolised by a snake. He is said to have stamped on a snake and all the rest disappeared. Clearly the snake I nearly trod on along a woodland path didn't get that particular memo!



The route covers varied terrain. Often we dropped down to sea level and walked across lovely white sand beaches almost always completely deserted. At other times, we were in woodland or on boardwalks over marshy wetlands. A lot of the time, we were on narrow paths with prickly gorse or bracken alongside.

Often we dropped down to sea level and walked across lovely white sand beaches almost always completely deserted. At other times, we were in woodland or on boardwalks over marshy wetlands. A lot of the time, we were on narrow paths with prickly gorse or bracken alongside. We saw



evidence of the terrible fires which have recently laid waste to land in Galicia. There was still the smell of charred wood as we walked through these stretches.

There are no big cities or even big towns really along this route so accommodation is often some way off the trail. We had taxis which ferried us to and from the start and end points each day and they took luggage too! One interesting place at which we stopped was Camariñas which is, apparently, renowned for bobbin lacemaking. There's even a lace museum there. Who knew?



The walk finishes at Cape Finisterre. The Romans believed that the world ended at this point, hence the name. Nightly the locals and visitors head to the lighthouse to watch the sunset. Of course, we had to do that too. It was a lovely way to end our journey.

This is not a walk for vertigo sufferers or those who would like plenty of cafés to stop at for refreshment (there are almost none along the route). It is wild, rugged, beautiful and not overly challenging if the weather is kind to you. Why not give it a go?

Offa's Dyke - part 4 *Graham Sexton*

You might be getting bored hearing about this by now, but four members of the group (Rosemary, Liz, Linda H and myself) are walking the Offa's Dyke Path in sections. Each year, starting in 2022, we have taken a short break to complete a 3-day section of the path, working our way from south to north along the England-Wales border. Last year we finished just outside Welshpool and this year the plan was to return there and head north to Llangollen.

The first two years we arranged the transport by taking two cars and placing one at the end of the section. This was surprisingly time consuming as the roads in the borderlands are mostly slow and winding. Last year we switched to the train and everything worked smoothly, with an outward journey to Knighton and a return journey from Welshpool. Llangollen does not have a station (actually it does, but it is on a heritage railway that does not join up with the network) but we could return from Chirk, only a few miles away. Unfortunately, this time, while travelling between Newport and Shrewsbury, our train ground to the halt because of a broken rail and did not move for around two hours. It eventually reversed and, after further delays and a missed connection, we arrived at Welshpool five hours late, around 9pm instead of 4pm. Amazingly, our excellent hosts at Tynllwyn Farm (the same place we spent our final night last year) still met us and provided us with a fine dinner. Our travel choices did prove to be exceedingly cheap, however, as we had our tickets refunded for both outward and return journeys due to delays.

Like other sections of the Offa's Dyke Path, there was considerable variety in both the walking days and accommodation. This year there was a significant amount of flat walking along the Montgomery and Llangollen canals, but a tougher, hillier, middle day of around 14 miles. As part of the final day, we walked over the famous Pontcysyllte aqueduct, an amazing piece of engineering dating from 1805. It is around 300m in length and carries the Llangollen canal around 40m over the Dee valley. The canal is contained in a cast-iron trough, while walkers use a narrow concrete towpath. There are railings but it could still be a little unsettling for those that don't like heights. Whereas along most of Offa's Dyke, we have only met a few other walkers, Pontcysyllte was a huge contrast. It is a World Heritage Site and is very busy with lots of international visitors.



The aqueduct was not to be our final tourist attraction of the trip. The route off the path to drop down into Llangollen takes you past Castell Dinas Brân (pictured). This is a medieval (13th century) ruin with spectacular views.

The aqueduct was not to be our final tourist attraction of the trip. The route off the path to drop down into Llangollen takes you past Castell Dinas Brân (pictured). This is a medieval (13th century) ruin with spectacular views.

The remaining section of the path will take us to the North Wales coast at Prestatyn. A final decision is still to be made, but to complete this in three days looks a bit too much like hard work, so we will probably break with tradition and do a 4-day walk next year.

Our holiday, including accommodation and luggage transfers, was arranged by Contours.

Newsletter Delivery *Malcolm Stone, Membership Secretary*

The Newsletter is sent to all members who have provided an email address. If you wish to receive the newsletter and have email, please ensure that we have your email address on file. Email me at membership@eastberksramblers.org. In addition, a copy of the Newsletter is available on our website, under the Members Section tab.

The views or opinions expressed by individuals in this Newsletter are their own and do not necessarily reflect those of the Committee. The Editors welcome letters and articles from members but reserve the right to reject or edit contributions. Would contributors please note that all items for inclusion in the next issue of the Newsletter should be submitted, preferably by email, to the Editors (address below) as soon as possible and no later than **Friday, 3 April 2026**.

Editors: Linda Francis Tel: 07547 727042 Email: walkcoordinator@eastberksramblers.org
Peter Griffiths Mob: 07765 232178 Email: committee4@eastberksramblers.org

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