



THE RAMBLERS - EAST BERKS GROUP

WALKS PROGRAMME: July - August 2026

Everyone is very welcome to walk with East Berks Ramblers, including under 18s and vulnerable adults, who must be accompanied by an adult. In this programme: 11 long walks, 6 short walks and 3

Strollathons

Our walks are mainly moderate, but taken at different speeds and with different amounts of ascent and decent. Generally short walks are slower, flatish and under 6 miles; with long walks being slightly faster and hillier. More details on EBR web page.

Contacts:	Chairman	TBD	chair@eastberksramblers.org
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Please ensure that you are fit enough and have suitable footwear, clothing, food and drink for the walk you intend to join. Leaders may refuse to accept participants who in their opinion are inadequately equipped or unfit. For your own safety please abide by the advice and guidelines issued by organisers and the instructions of the walk leader. Be aware that you walk at your own risk, and that it is your responsibility to behave sensibly and minimise the potential for accidents to occur. Please carry an emergency phone number. If the weather is / has been bad, please check the website to see if the walk has been cancelled or amended.

Extra walks, led at short notice, and changes to walks, may be found on the EBR website.

For all walks - Assistance dogs only.

Date/Time	Walk Description and Details
Wednesday 01 Jul 9:00 am	South Downs Way - the Finale! Leader(s): Lesley W.; Peter K. 07793 232963 Class: Strenuous; Distance: 7.8 miles; Total Ascent: 1692 feet A spectacular 7.8 miles from Exeat, our previous finish point, and on through the Seven Sisters Country Park to Eastbourne . This is a challenging walk with just under 1,700ft of ascent. It encompasses the spectacular Seven Sisters and the Beachy Head cliffs. Other points of interest along the way include the meandering Cuckmere River Estuary, Birling Gap, with its NT Visitor Centre, and the Belle Tout and Beachy Head Lighthouses. In addition to the long walk, we are offering a shorter walk of 5.4 miles, from Friston to Eastbourne via Birling Gap and Beachy Head. For those wanting to enjoy a shorter walk at a more leisurely pace, please see the separate entry in the Walks Programme. Our coach will depart from the Shire Horse, Littlewick Green, promptly at 9am. The coach fare is £25, payable on the day by card, cash (correct money please) or cheque (payable to East Berks Ramblers). Please arrive in walking boots ready to disembark quickly at the other end. Spare shoes can be left in the luggage compartment of the coach. The journey to Seaford will take approx 2 hours and we will stop for a short comfort break on the way. Once on our walk, we will stop after 3-4 miles for lunch and at least once more for a 'banana' break. Please bring enough food and drink for the day. Please note that there is a water tap at Birling Gap if you need to top up. Our coach will meet us in Eastbourne for the return journey of around 2 hours, including a comfort break. We should be back at the Shire Horse between 7:15 and 7:30pm, depending on traffic. Start: Our meeting point is the Shire Horse car park. Please park in the area furthest away from the pub, and arrive in plenty of time for a 9am departure by coach. The Shire Horse is on the A4, half a mile west of the A4/A404 junction. Grid Ref: SU849803; Post Code: SL6 3FG; W3W: diver.magnum.inferior

Wednesday 01 Jul 9:00 am	South Downs Way Shorter Walk - Friston to Eastbourne Leader(s): Dawn D. 07807 914382 Class: Moderate; Distance: 5.4 miles; Total Ascent: 814 feet Our coach will stop at Exceat first to drop off those doing the long walk. It will then take us to Friston, on the A259, where we will start the shorter walk. We will follow local footpaths through green fields before joining the South Downs Way at Birling Gap in just under 2 miles. We then follow The South Downs Way, the same path as the longer walk, climbing to Belle Tout Lighthouse and then, over a series of smaller hills to Beachy Head which towers above its famous red and white lighthouse. This is quite a demanding ascent but we have plenty of time to take it at our own pace, and will be rewarded with stunning views over the spectacular coastline and the English Channel. We plan to take lunch and banana breaks at the Visitors' Centre at Birling Gap and at Beachy Head respectively, approx 2 and 4 miles along the trail. A water tap is available at Birling Gap. As usual, we will arrange a table at the Shire Horse pub for those wishing to have dinner there on our return. Meal choices will be collected in the morning before the coach leaves. Our coach will depart from the Shire Horse, Littlewick Green, promptly at 9am. The coach fare is £25, payable on the day by card, cash (correct money please) or cheque (payable to East Berks Ramblers). Please arrive in walking boots ready to disembark quickly at the other end. Spare shoes can be left in the luggage compartment of the coach. The journey to Friston via Seaford will take approx 2.5 hours and we will stop for a short comfort break on the way. Once on our walk, we will stop after approx 2 miles for lunch and another 2 miles for a 'banana' break. Please bring enough food and drink for the day. Please note that there is a water tap at Birling Gap if you need to top up. We will meet up with the long walk at Eastbourne, where the coach will pick us up for the return journey of around 2 hours, including a comfort break. We should be back at the Shire Horse between 7:15 and 7:30pm, depending on traffic. Start: Our meeting point is the Shire Horse car park. Please park in the area furthest away from the pub, and arrive in plenty of time for a 9am departure by coach. The Shire Horse is on the A4, half a mile west of the A4/A404 junction. Grid Ref: SU849803; Post Code: SL6 3FG; W3W: diver.magnum.inferior
Wednesday 08 Jul 10:00 am	Piddington, West Wycombe, Wheeler End Leader(s): Keith D. 07900 354315 Class: Moderate; Distance: 6.2 miles; Total Ascent: 900 feet Panoramic views. Approx. 900ft. of ascent including steep hills and stiles. Marbled White butterflies in abundance. Assistance dogs only. Start: Park in Piddington, (A40) in the layby near Dashwood Arms. Grid Ref: SU808942; Post Code: HP14 3BH; W3W: suspended.distracts.cashiers

Wednesday 08 Jul 10:15 am	The three greens walk Leader(s): Richard F. 07764 538286 Class: Leisurely; Distance: 5.5 miles A flat circular walk with no stiles passing through Burchetts Green, Littlewick Green, returning via Wooley Green and Maidenhead Thickett Banana break will be in the picture postcard village of Littlewick Green Assistance dogs only, please Start: Free National Trust car park off Pinkneys Drive. Grid Ref: SU854815; Post Code: SL6 6QG; W3W: tumblers.hitters.performs
Sunday 12 Jul 10:00 am	Two lakes and two rivers Leader(s): Linda F. 07547 727042 Class: Leisurely; Distance: 6 miles This is a flat walk around the two Bray Lakes, along the Thames to Bray Lock. We then walk to the Jubilee River, and then back to the Thames, over the footbridge to the cars. Assistance dogs only, please Start: Park in the layby in Monkey Island lane (off Windsor Road) Bus route 37, get off at Westbrook Grid Ref: SU914784; Post Code: SL6 2AZ; W3W: zealous.stress.such
Wednesday 15 Jul 10:00 am	BENSON AND THE THAMES PATH Leader(s): Malcolm G. 07858 323641 Class: Moderate; Distance: 8.1 miles; Total Ascent: 131 feet We shall start in the village of Benson and walk to Warborough; then through the village to pick up the first part of The Thames Path; we cross Shillingford Bridge and climb into the hills above the river before descending to the outskirts of Wallingford; some street walking takes us to the meadows around the site of Wallingford Castle and then back on to the Thames Path to return to Benson There is one easy steady climb that is followed by a short steeper climb but nothing that should be too challenging Assistance dogs only, please Start: Please park considerately in St Helens Avenue - turn at the main road junction into Benson off the A4074 (opposite Benson Marina) and then turn immediately right into St Helens Avenue - this is a long road and there should enough parking for everyone Please meet at the top of the the road where you originally turned in Grid Ref: SU614915; Post Code: OX10 6RZ; W3W: partly.admits.homeward
Sunday 19 Jul 10:00 am	Marlow Circular Leader(s): Linda H. 07960 987290 Class: Moderate; Distance: 6.3 miles The walk starts from Higginsons Park and is just over 6 miles long with no stiles but a short sharp ascent up some steps to reach Harleyford golf club. Assistance dogs only, please Start: Meet in the car park at Higginson Park 3 hours parking is £2.30, 4 hours £2.80 Grid Ref: SU848862; Post Code: SL7 2AE; W3W: dabbing.bulge.legend
Wednesday	Frost Folly and Hawthorn Hill

22 Jul 10:00 am	Leader(s): Ian I. 07802 794483 Class: Moderate; Distance: 6.8 miles; Total Ascent: 235 feet Starting from Frost Folly carpark in Moss End we head towards Warfield then across fields and lanes toward Hawthorn Hill. We then follow an ancient road besides Birds Hill Golf Course towards Tickleback Lane then back to the start. A largely flat walk with one hill at the end. Assistance dogs only please. Start: Frost Folly car park Moss End. Grid Ref: SU873725; Post Code: RG42 6EN; W3W: butter.twice.warm
Wednesday 22 Jul 10:15 am	Little Marlow and Riverwoods Leader(s): Christine B. 07473 160665 Class: Moderate; Distance: 4 miles We leave the car park and pass through Globe Park business area, crossing over A404 footbridge into Little Marlow. We return along the Thames. Assistance dogs only, please Start: Riverside car park in Gossmore Lane, Marlow. Grid Ref: SU859861; Post Code: SL7 1SZ; W3W: reclaim.cadet.cavalier
Thursday 23 Jul 10:30 am	Strollathon from Shire Horse Leader(s): Linda F. 07547 727042 Class: Easy; Distance: 2.2 miles This will be an easy walk through the Thicket to Pinkneys Green and back across the open space to return through the woods to the Shire Horse. Assistance dogs only, please Start: Park on the right hand side of the car park at the Shire Horse, on the A4 . Grid Ref: SU849803; Post Code: SL6 3QA; W3W: nerves.splints.undivided
Sunday 26 Jul 10:00 am	Marlow and Bovingdon Green Circular Leader(s): Malcolm S. 07733 426699 Class: Moderate; Distance: 6.3 miles; Total Ascent: 370 feet Walk alongside the River Thames, and through Harleyford Golf Club grounds. Continuing through woodland, eventually reaching Bovingdon Green. We then descend down a narrow path to reach Marlow and our start point. I would appreciate a lift to the Pound Lane Car Park. My contact number is 07733 426699 Start: Pound Lane Car Park, Marlow SL7 2UE. NPR, pay on departure. 4Hrs £2.80 as at June 2026. May be free roadside parking further down Pound Lane. Grid Ref: SU848862; Post Code: SL7 2UE; W3W: throat.colonies.renting

Wednesday 29 Jul 10:00 am	Wittenham Clumps - Brightwell-cum-Sotwell Leader(s): Richard W. 07980 147412 Class: Moderate; Distance: 10.3 miles; Total Ascent: 579 feet A circular walk starting from Wittenham Clumps, passing through the pretty village of Brightwell-cum-Sotwell, then heading towards Shillingford, heading west before reaching the Thames to Little Wittenham, then onwards to Long Wittenham, then making our way up to Down Hill, and then finally returning to start Assistant dogs only. Please bring refreshments for the banana break and lunch Start: Please use the Wittenham Clumps car park Grid Ref: SU567923; Post Code: OX14 4QZ; W3W: universally.miss.panicking
Wednesday 29 Jul 10:15 am	Three Chiltern Villages Leader(s): Linda F. 07547 727042 Class: Moderate; Distance: 5 miles; Total Ascent: 566 feet This will be a beautiful walk from Lane End, through Fingest and Frieth. We will enjoy woodlands, fields and some stunning views. It is an undulating walk with one steep hill, out of Fingest - we will be rewarded with a fine panorama over the valley. Assistance dogs only, please Start: Lane End car park (free). B482 from Marlow. Pass Grouse and Ale pub on right then through traffic lights in village soon turning right into car park. Grid Ref: SU807918; Post Code: HP14 3HB; W3W: king.cake.catchers
Wednesday 05 Aug 10:00 am	Nettlebed and Nuffield Leader(s): Graham S. 07539 569472 Class: Moderate; Distance: 10.3 miles; Total Ascent: 700 feet A moderately hilly circuit to the north and west of Nettlebed passing through Maidensgrove, Park Corner and Nuffield. Meet at The Green, Nettlebed. Some parking is available here but, as this walk is during school holidays, overflow parking is possible at the village hall and school car park, 200m to the west and on the south side of the A4130. Please bring a packed lunch. Possibility of tea/coffee/cake at end of walk. Assistance dogs only, please. Start: Meet at The Green, near the bus shelter. Grid Ref: SU702868; Post Code: RG9 5AX; W3W: cave.saga.paddlers
Thursday 06 Aug 10:30 am	Berks to Bucks Strollathon Leader(s): Dotty L. 07421 305675 Class: Easy; Distance: 2 miles This will be an easy walk to Boulters Lock, over the bridge into Buckinghamshire and back. We will stop for refreshments on the way. Assistance dogs only, please Start: Access to car park is via Oldfield Road and Oldacres which is opposite a small supermarket. Grid Ref: SU900810; Post Code: SL6 1TU; W3W: minus.rests.friday

Wednesday 19 Aug 10:00 am	Scenic hike along the river Thames Leader(s): Colin R. 07928 238599 Class: Moderate; Distance: 8.1 miles; Total Ascent: 348 feet This will be a lovely walk alongside the river, through fields to Bourne End, where we will cross the river by the railway bridge and continue through Cock Marsh towards Cookham. We will cross the Moor and ascend by the golf course towards Winter Hill. We will descend and cross the Thames by Marlow Bridge and return to the car park. Assistance dogs only, please Start: Car park off Gossmore Lane, Marlow. From Marlow High Street, turn into Station Road, take the third right turn into Lock Road. Turn left at the end and the approach to the car park will come up on your right. Grid Ref: SU859861; Post Code: SL7 1SZ; W3W: reclaim.cadet.cavalier
Wednesday 19 Aug 10:15 am	Thames Path and Jubilee River around Dorney Leader(s): Kaye C. 07833 241407 Class: Moderate; Distance: 5 miles This is a 5 mile walk along the Thames and the Jubilee River , returning over Dorney Common. We will have some lovely river views and we will be passing a number of historic and other interesting buildings. Please note that whilst this is mainly a flat walk, with just one incline, we will be walking at a Moderate pace. Assistance dogs only, please. Start: Ramblers' car park at Boveney. Turn off the B3026 on Dorney Common and follow narrow road over the Common and past Boveney Court Farm. The Car Park is signposted on the right. Grid Ref: SU938777; Post Code: SL4 6QQ; W3W: also.frog.tigers
Thursday 20 Aug 10:30 am	Strollathon from Eton Wick Leader(s): Kaye C. 07833 241407 Class: Easy; Distance: 2 miles This a pleasant walk circular walk along the Thames , from Eton Wick to Boveney. We will be walking on the flat and there are no stiles. There are some lovely views of the river. After the walk we will be stopping for refreshments at the cafe in Eton Wick. Assistance dogs only please. Start: The car park is just south of the B3026 down Haywards Mead. Carousel bus 15 running between Slough and Maidenhead stops nearby. Alight at Bell Lane. Grid Ref: SU948784; Post Code: SL4 6JW; W3W: weedy.mint.loud

Sunday 23 Aug 10:00 am	Canal walk from West Drayton to Slough Leader(s): Eleanor G. 07554 913570 Class: Moderate; Distance: 6.3 miles; Total Ascent: 10 feet We start from West Drayton station and walk beside the Grand Union Canal for about half a mile before crossing it to join the towpath of the Slough arm of the canal, which is much less used by boaters. The walk to the Slough basin end of the canal is mostly rural and tree-lined, with the chance to spot various waterfowl along the way. The final half-mile of the walk takes us along the pavement of Stoke Road to reach Slough station. The walk is flat, with just one set of steps, but the towpath is quite uneven underfoot in places, so boots or stout shoes are necessary. A short alternative, for anyone interested, would be to walk only as far as Langley station, returning by train from there. This would give a walk of 3.6 miles, including a very short, straightforward section by road from the canal to the station, which the leader would point out. Assistance dogs only, please. The intention is to travel to and from the walk by rail. The leader will be catching the Elizabeth Line train which leaves Maidenhead at 09.36, arriving at West Drayton 09.55. This train also calls at Taplow, Burnham, Slough, Langley and Iwerenbury en route. If walkers are also travelling from Maidenhead we suggest meeting the leader outside the station by 09.25. Otherwise, please meet just outside West Drayton station at 10.00. The return journey will be made from Slough, by whichever train is the next suitable one! Please note, there are toilets at the stations but none along the walk route. Start: The forecourt of West Drayton railway station. Grid Ref: TQ061801; Post Code: UB7 8FH; W3W: laws.movies.pump
Wednesday 26 Aug 10:15 am	Cookham Moor, Winter Hill and riverside Leader(s): Christine B. 07473 160665 Class: Moderate; Distance: 4.8 miles This is a lovely varied walk, starting from the National Trust car park on Cookham Moor. We will walk carefully across the golf course to Winter Hill, returning along the river past the Bounty pub. This is an undulating walk with no stiles. Assistance dogs only, please. Start: Park at the National Trust car park on The Moor. This is £2 or free for NT members. Grid Ref: SU892853; Post Code: SL6 9SA; W3W: majoring.visa.curiosity